



ABOUT US

A & H has been helping families with their safety needs since 1993.

After childproofing homes for their children, many families have asked us to help with their parents needs as well.

We can give suggestions on how to make each room safer for you and your loved ones.

Owner Arvey Levinsohn is an **ADVANCED CERTIFIED PROFESSIONAL CHILDPROOFING SAFETY CONSULTANT.**

We have studied safety issues in and around the home for children and adults over the last 18 years.

A & H is a service you can depend on.



QUESTIONS TO ASK YOURSELF:

Do you need help or support when you get in and out of the bathtub?

Is the bathroom floor, and tub slippery when wet?

Are things you use most on high shelves?

Does your step stool shake when you stand on it?

Do you have to walk around or over cords and wires?

Do your carpets and rugs slip or move?

When you walk through a room, do you have to walk around furniture?

IF YOUR ANSWER IS YES TO ANY OF THESE, CALL US AND WE CAN HELP.

847.650.2519

A & H SENIOR SAFETY



A Division of A & H Childproofers



Making homes safe since 1993



847.650.2519

www.ahseniorsafety.com

Northbrook, IL

THE PROBLEM:

On average 1.4 million people aged 65 and older are treated in hospital emergency rooms according to the CPSC, for injuries associated with falls. Bathrooms are unsafe due to wet surfaces. These surfaces are meant for aesthetics and protection from water damage, not to protect us from slipping and falling.

Difficulties with mobility, unsteady gait, diminished strength, medications that can cause

drowsiness, delayed responses, changes in perception that can occur with aging and other additional medical circumstances, place seniors at great risk for falls at home.

THE SOLUTION:

Installation of Grab Bars, also known as bath safety bars, bath safety rails or grip bars can greatly increase your ability to move where and when you want to, safely and securely, and reduce your risk of falls. Also Invisa Tread, a non-slip surface can be installed in all slippery areas.

WHAT WE CAN DO FOR YOU:

Arvey Levinsohn owner and certified Childproofer of A & H Childproofers will come to your home **FREE OF CHARGE**, and assess your bathroom. He will suggest the optimal grab bar configuration and placement for you and your loved ones. A & H Senior Safety uses a variety of sizes and styles that will best fit your needs. We recommend, at a minimum, a grab bar with a Peened finish. This finish provides a safer grip when wet.

We will install your Grab Bars into wall studs if they are available. We also use Toggle Bolt systems that are highly rated and will meet and exceed ADA requirements.



Lets keep our loved ones safe.

TOP TEN SAFETY CHECKLIST

Install smoke and carbon monoxide alarms throughout your home.

Have an emergency escape plan and pre-arrange for a family member or caregiver to help you escape, if needed.

Keep a fire extinguisher handy in the kitchen in case of fire.

Make sure there is good lighting inside and outside your home to help prevent falls.

Keep ashtrays, smoking materials, candles, hot plates, and other potential fire sources away from curtains, furniture, beds and bedding.

Have fuel burning appliances including furnaces

and chimneys inspected by a professional every year to make sure they are working properly and not leaking poisonous carbon monoxide.

Install ground fault circuit interrupters, or GFCIs, in potentially damp locations such as the kitchen, bathroom, garage, near utility tubs or sinks, and on the exterior of the house to protect against electrocution.

Make sure all medications are stored in child-resistant enclosures and are clearly marked to prevent children from accessing the medication and being poisoned.

Set your hot water heater to no more than 120° F to help prevent burns.